

ENJOY YOUR MEAL !

# RESTAURANT MENU

## THE MICOCOULIER

### APERITIFS TO SHARE

<b>Homemade tapenade</b> Black olives, garlic, olive oil, anchovies, capers, Provence herbs	7,00€
<b>Homemade poichichade</b> Chickpeas, cumin, garlic, olive oil, lemon juice	7,00€
<b>100% pure pork sausage</b>	7,00€

### OUR GOURMET SALADS

<b>Hippocampe Salad</b> Salad, tomatoes, goat cheese on slices of toasted bread, ham	15,00€
<b>Wellness Salad</b> Assorted lemon roasted sun vegetables (zucchini, peppers, red onions, artichoke), diced feta, assortment of kasha cereals (roasted buckwheat, barley and millet), arugula salad	16,00€
<b>Crispy chicken Salad</b> Salad, crispy chicken aiguillettes, honey mustard sauce, tomatoes, parmesan shavings, hard-boiled egg, crispy bacon	15,00€
<b>Terroir board</b> Homemade tomato tartare, country ham, tapenade, poichichade, marinated peppers, fougasse in olive oil and Provence herbs, panisses	15,00€

## OUR DISHES

<b>Fresh provencal tagliatelle</b> Tomato coulis, pesto, roasted vegetables, black olives, parmesan shavings	15,00€
<b>Fresh tagliatelle with seafood</b> Creamy seafood sauce, plancha-style wild shrimp, parmesan shavings	18,00€
<b>Forest risotto with arugula pesto and parmesan tile</b> Risotto rice, creamy forest sauce (chanterelles, porcini mushrooms, oyster mushrooms, boletus) with homemade arugula pesto and parmesan tile	21,00€
<b>Chef's cheeseburger</b> Burger bread, 100% Black Angus minced steak 150gr, caramelized onions, salad, tomato, cheddar, ketchup, mayonnaise. Served with fries and salad	16,00€
<b>Grilled rib steak</b> Entrecote of 250gr. Served with fries, salad and sauce of your choice: roquefort, green pepper or forest sauce	21,00€
<b>Lamb shank confit with the flavors of Provence</b> Lamb shank (min 300gr) confit in its juice with thyme, rosemary, honey and candied onions. Accompanied by seasonal vegetables and homemade gratin dauphinois	21,00€
<b>Thai chicken wok</b> Noodles, marinated chicken, crunchy vegetables (carrots, zucchini, peppers, red onions...), soy sauce, spices, fresh mint	18,00€
<b>Thai wok, veggie tutti</b> Noodles, crunchy vegetables (carrots, zucchini, peppers, red onions...), soy sauce, spices, fresh mint	16,00€
<b>Sea Bass fillet</b> Sea bass fillet of 130gr min. grilled a la plancha with homemade pesto. Served with an assortment of cereals (grilled buckwheat, barley and millet) and seasonal vegetables	18,00€

## PITCHOUN MENU – 9€00 (Up to 10years)

The children's menu is made up of :

### Choice of dishes :

- Nuggets (side dish with fries or pasta)
- Pure beef ground steak (side dish with fries or pasta)

### Choice of ice-cream :

- Push-up Haribo
- Rocket

And a glass of sirup

## OUR DESSERTS

<b>Profiteroles</b> Vanilla ice cream, cream puffs, chocolate sauce and homemade whipped cream	7,50€
<b>Gourmet coffee</b>	7,50€
<b>Chocolate fondue (for 2 people)</b> Homemade chocolate sauce, fresh fruit skewers and candies	15,00€
<b>Homemade strawberry tiramisu</b>	7,00€

## OUR ICE CREAM CUPS— 7,50€

With whipped cream, chocolate sauce, caramel sauce and homemade red fruit coulis!

### **White Lady**

Vanilla ice cream, chocolate sauce, whipped cream, silvered almonds

### **Liege coffee**

Coffee ice cream, coffee, whipped cream, coffee chips

### **Liege chocolate**

Dark chocolate ice cream, homemade chocolate sauce, whipped cream, dark chocolate shavings

### **Banana split**

Vanilla ice cream, strawberry ice cream, dark chocolate ice cream, banana, whipped cream, chocolate sauce

### **Iced red berry vacherin**

Strawberry sorbet, berry sorbet, temptation ice cream creation with raspberry vanilla meringue, red berry coulis, whipped cream, meringues

### **Chocolate storm**

Milk chocolate ice cream, dark chocolate ice cream, white chocolate ice cream, brownies, chocolate sauce, whipped cream, chocolate shavings

### **Caramelized sweetness**

Praline ice cream, salt flower caramel ice cream, nougat ice cream, pieces of «Daim», runny caramel, sweet whipped cream

## COUPES ARROSÉES 8€

**Colonel** : lime sorbet, vodka

**Pina colada glacée** : pineapple sorbet, coconut ice cream, white rum

**The entire Hippocampe team wishes you a good appetite!**

Net prices Tax inc. - service included